

Referencias bibliográficas:

American Psychological Association (2012). Resolution on the Recognition of Psychotherapy Effectiveness - Approved August 2012. Washington, DC: APA.

Asamblea General de las Naciones Unidas (2011). Political declaration of the High-level Meeting of the General Assembly on the Prevention and Control of Non-communicable Diseases. *UN New York*.

Bloom, D. E., Cafiero, E., Jané-Llopis, E., Abrahams-Gessel, S., Bloom, L. R., Fathima, S., ... & Weiss, J. (2012). *The global economic burden of noncommunicable diseases* (No. 8712). Program on the Global Demography of Aging.

Campion, J., Javed, A., Lund, C., Sartorius, N., Saxena, S., Marmot, M., ... & Udomratn, P. (2022). Public mental health: required actions to address implementation failure in the context of COVID-19. *The Lancet Psychiatry*, *9*(2), 169-182.

Clark, D. M. (2018). Realizing the mass public benefit of evidence-based psychological therapies: the IAPT program. *Annual Review of Clinical Psychology*, *14*, 159-183.

Codony, M., Alonso, J., Almansa, J., Vilagut, G., Domingo, A., Pinto-Meza, A., ... Haro, J. M. (2007). Utilización de los servicios de salud mental en la población general española. Resultados del estudio ESEMeD-España [Mental health care use in the Spanish general populations. Results of the ESEMeD-Spain study]. *Actas Españolas de Psiquiatría*, *35 Suppl 2*, 21-28.

Consejo General de la Psicología (2023). Asistencia psicológica en la Atención Primaria sanitaria de España. COP.

Finley, C. R., Chan, D. S., Garrison, S., Korownyk, C., Kolber, M. R., Campbell, S., ... & Allan, G. M. (2018). What are the most common conditions in primary care?: Systematic review. *Canadian Family Physician*, *64*(11), 832-840.

GBD 2019 Mental Disorders Collaborators (2022). Global, regional, and national burden of 12 mental disorders in 204 countries and territories, 1990-2019: a systematic analysis for the Global Burden of Disease Study 2019. *The Lancet Psychiatry*, *9*(2), 137-150.

Gore, F. M., Bloem, P. J., Patton, G. C., Ferguson, J., Joseph, V., Coffey, C., ... & Mathers, C. D. (2011). Global burden of disease in young people aged 10-24 years: a systematic analysis. *The Lancet*, *377*(9783), 2093-2102.

Kessler, R. C., Aguilar-Gaxiola, S., Alonso, J., Chatterji, S., Lee, S., Ormel, J., ... & Wang, P. S. (2009). The global burden of mental disorders: an update from the WHO World Mental Health (WMH) surveys. *Epidemiology and Psychiatric Sciences*, *18*(1), 23-33.

Layard, R., Bell, S., Clark, D. M., Knapp, M., Meacher, M., & Priebe, S. (2006). The depression report: A new deal for depression and anxiety disorders. LSE London.

Miller-Matero, L. R., Dubaybo, F., Ziadni, M. S., Feit, R., Kvamme, R., Eshelman, A., & Keimig, W. (2015). Embedding a psychologist into primary care increases access to behavioral health services. *Journal of Primary Care & Community Health*, *6*(2), 100-104.

Moitra, M., Owens, S., Hailemariam, M., Wilson, K. S., Mensa-Kwao, A., Gonese, G., ... & Collins, P. Y. (2023). Global Mental Health: Where We Are and Where We Are Going. *Current Psychiatry Reports*, 1-11.

Keeley B. (2021). The state of the world's children 2021: on my mind--promoting, protecting and caring for children's mental health. UNICEF.

NICE (2011). *Common Mental Health Disorders: Identification and Pathways to Care. NICE clinical guideline 123*. London: NICE

NICE (2009). *Depression in Adults with a Chronic Physical Health Problem. Treatment and management. NICE Clinical Guideline 91*. London: National Institute for Health and Clinical Excellence.

NICE (2011a). *Common Mental Health Disorders: Identification and Pathways to Care. NICE clinical guideline 123*. London: NICE.

NICE (2011b). *Generalized anxiety disorder and panic disorder (with or without agoraphobia) in adults. NICE clinical guideline 113*. London: NICE.

Organization for Economic Co-operation and Development. (2011). *Mental health and work. Sick on the job? Myths and realities about mental health and work*. Paris: OECD.

Patel, V., Saxena, S., Lund, C., Thornicroft, G., Baingana, F., Bolton, P., ... & Unützer, J. (2018). The Lancet Commission on global mental health and sustainable development. *The lancet*, 392(10157), 1553-1598.

Piao, J., Huang, Y., Han, C., Li, Y., Xu, Y., Liu, Y., & He, X. (2022). Alarming changes in the global burden of mental disorders in children and adolescents from 1990 to 2019: a systematic analysis for the Global Burden of Disease study. *European Child & Adolescent Psychiatry*, 31(11), 1827-1845.

Polanczyk GV, Salum GA, Sugaya LS, Caye A, Rohde LA. (2015). Annual research review: a meta-analysis of the worldwide prevalence of mental disorders in children and adolescents. *J Child Psychol Psychiatry*;56:345–365.

Satterfield, J. M. (2003). Core Competencies of the Primary Care Provider in an Integrated Team. In *Conference on Medical Cost Offset and Behavioral Health in Primary Care, 3rd, May, 2002, University of Nevada, Reno, NV, US; This paper was first presented at the aforementioned conference..* Context Press/New Harbinger Publications.

Shorey, S., Ng, E. D., & Wong, C. H. (2022). Global prevalence of depression and elevated depressive symptoms among adolescents: A systematic review and meta-analysis. *British Journal of Clinical Psychology*, 61(2), 287-305.

Solmi, M., Radua, J., Olivola, M., Croce, E., Soardo, L., Salazar de Pablo, G., ... & Fusar-Poli, P. (2022). Age at onset of mental disorders worldwide: large-scale meta-analysis of 192 epidemiological studies. *Molecular psychiatry*, 27(1), 281-295.

Vigo D, Thornicroft G, Atun R. (2016). Estimating the true global burden of mental illness. *Lancet Psychiatry*;3:171–178.

Wahlbeck, K. (2009). Background document for the EU Thematic Conference on Prevention and Suicide. Luxemburgo: Comisión Europea.

- Watts, S. E., Turnell, A., Kladnitski, N., Newby, J. M., & Andrews, G. (2015). Treatment-as-usual (TAU) is anything but usual: A meta-analysis of CBT versus TAU for anxiety and depression. *Journal of Affective Disorders, 175*, 152–167.
- WHO & Wonca. (2008). *Integrating mental health into primary care – a global perspective*. Singapore: WHO y Wonca.
- WHO (2011). *Impact of economic crises on mental health (OMS.)*. Copenhagen.
- World Health Organization (2015). *Mental health ATLAS 2014*. Geneva: World Health Organization.
- World Health Organization (2022a). *World mental health report: transforming mental health for all*. Geneva: World Health Organization.
- World Health Organization (2022b). *Mental Health and COVID-19: Early evidence of the pandemic's impact: Scientific brief*. Geneva: World Health Organization.
- World Health Organization (2023). *Monitoring health for the SDGs, Sustainable Development Goals*. Geneva: World Health Organization.
- World Federation for Mental Health (2009). *Mental Health in Primary Care*. Woodbridge: World Federation for Mental Health.
- Cummings, N. A., O'Donohue, W. T., & Ferguson, K. E. (2003). Behavioral health in primary care: Beyond efficacy to effectiveness. *Reno: Context P*.
- Cuijpers, P., Quero, S., Dowrick, C., & Arroll, B. (2019). Psychological treatment of depression in primary care: recent developments. *Current psychiatry reports, 21*, 1-10.
- Twomey, C., O'Reilly, G., & Byrne, M. (2015). Effectiveness of cognitive behavioural therapy for anxiety and depression in primary care: a meta-analysis. *Family practice, 32*(1), 3-15.
- Allison, S., Looi, J. C., Kisely, S., & Bastiampillai, T. (2023). Could negative outcomes of psychotherapies be contributing to the lack of an overall population effect from the Australian Better Access initiative? *Australasian Psychiatry*.
- Clark, D. M. (2018). Realizing the mass public benefit of evidence-based psychological therapies: the IAPT program. *Annual Review of Clinical Psychology, 14*, 159-183.
- Cano Vindel, A., Ruiz Rodríguez, P., Moriana, J. A., Medrano, L. A., González-Blanch, C., Aguirre-Sánchez, E., & Muñoz-Navarro, R. (2022). Improving access to psychological therapies in Spain: from IAPT to PsicAP. *Psicothema*.
- Cano-Vindel, A., Muñoz-Navarro, R., Moriana, J. A., Ruiz-Rodríguez, P., Medrano, L. A., & González-Blanch, C. (2022). Transdiagnostic group cognitive behavioural therapy for emotional disorders in primary care: the results of the PsicAP randomized controlled trial. *Psychological Medicine, 52*(15), 3336-3348.